

The Clarion  
March  
2021

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*Calvary Presbyterian Church*

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A community worshiping, growing, and service together



# Upcoming Events

## Lenten Studies

Wednesday evenings at 7 pm with Ashley  
Sundays mornings at 11:30 am with Reece

## Inspired Women Group

Beginning on March 16th  
Tuesday night 7-8:30 on Zoom

## Palm Sunday Picnic

March 28 at 12PM

## Birthdays & Anniversaries

Patricia von Bibra	3/2	Pat Castellano	3/18
Peggy Ingraham	3/2	Chelsea Reynolds	3/18
Bruce Irwin	3/5	Katherine Gutschow	3/20
Tyler Zack	3/6	Bob & Diane Wilken	3/20
James Jontz	3/7	Elene Perry	3/25
Fon Leong	3/10	Bob Wilken	3/26
Millason Dailey	3/14	Ruth Melissa	3/31

# Presbyterian Corner

## Our faith, our practice, and our roots.



### What is the Holy Spirit's role in evangelism?

Presbyterians strongly affirm the primary role of the Holy Spirit in evangelism. Typically we define evangelism as the sharing of the “evangel,” or the gospel, of Jesus Christ. The “good news” of the reign of God that Jesus Christ proclaimed during his ministry (Matt. 9:35; 10:7) is the “good new of God that Jesus Christ” himself (Mark 1:1), in his life, death, and resurrection (2 Cor. 10:14). This gospel was proclaimed by the early apostles (Acts 8:25; 14:7) and is the message of God’s grace in Jesus Christ (Acts 20:24) to be shared with the whole world (Matt. 28:18-20).

We believe we come to believe this message of the gospel through the illuminating work of the Holy Spirit. The Holy Spirit give us the gift of faith that transforms our lives. The Spirit opens our hearts and minds, turning them from the enslaving power of sin to embrace the promises of God’s loving grace and mercy in Jesus Christ. The spirit makes us a “new creation” (2 Cor. 5:17), regenerates or renews us (Titus 3:5), and sanctifies us, so we can grow in faith ( 2 Thess. 2:13). “Through the Spirit, by faith, we eagerly wait for the hope of righteousness” (Gal. 5:5).

Presbyterian theology has always recognized that what happens when we share the gospel of Jesus Christ in evangelism does so by the work of the Holy Spirit. When people believe in Jesus Christ, repent of their sins, experience conversion, and being to walk in a new direction in a life of love and service to Jesus Christ—they do so because the Holy Spirit has been at work. We trust the Spirit to bring forth faith and new life. It is the Spirit who “converts” people—never a preacher! The Holy Spirit brings the truth of the gospel “home” to us and enables us to receive the message of the gospel of Jesus Christ by faith.

It is important to recognize this primacy of the Spirit in evangelism. This perspective enables us to realized that the results of our efforts to spread the gospel rest with the Spirit. The church proclaims the gospel as vigorously and faithfully as we can. But it is ultimately the Holy Spirit who enables our witness to Jesus Christ to bring faith and new life. This comforts us, but also challenges us to be energetic, innovative, and joyful. For we realize that God can and does use our efforts to bring the transforming gospel of Jesus Christ into the lives of others.

*-from Donald K. McKim, Presbyterian Questions, Presbyterian Answers*

# Mission updates

**The Little Free Pantry** ---that was created almost 1 year ago when we removed books from the Little Free Library to help feed our neighbors is going strong! Ashley has placed CPC homegrown vegetables there. People visit it frequently throughout the day either to place supplies inside or to take needed items. It seems that there is currently a great deal of need in South Pasadena that may not be overtly visible. It has found community support with people who fill it regularly and even has a strong Facebook following! The pantry is a great ambassador from our church to the South Pasadena community. Please consider supporting this ministry and contact the office if you would like food picked up from your house.

**Union Station Dinners**---We are continuing to serve at Union Station and delivered a home cooked dinner on January 31<sup>st</sup> to the Family Center. Residents received meatloaf, mashed potatoes, green beans, and cookies for dessert. (Vegetarian options were also made) All the food was homecooked by church families and then gathered and delivered together. Our next dinner will be on April 25<sup>th</sup>. Please let the office know if you would be willing to cook a portion of this meal.

**Reverse Advent Food Boxes** ---have been collected and distributed. One box went directly to a family known to our church. The others were split between the little free pantry and Crossroads Women. A supply of hygiene items and beauty product gift bags that had been donated were also donated to Crossroads.

The **Benevolence Fund** aided 3 people recently. One was a SP neighbor who reached out to the church for aid, one was referred by a church member, and the third was a person experiencing homelessness who was eating lunch from the Little Free Pantry as I happened to stop by to stock it.



in a world of disaster, hunger, and oppression

**Millions of people lack access to sustainable food sources, clean water, sanitation, education, and opportunity.**

The programs supported by One Great Hour of Sharing: **Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and Self-Development of People** - all work in different ways to serve individuals and communities in need. From initial disaster response to ongoing community development, their work fits together to provide people with safety, sustenance, and hope.

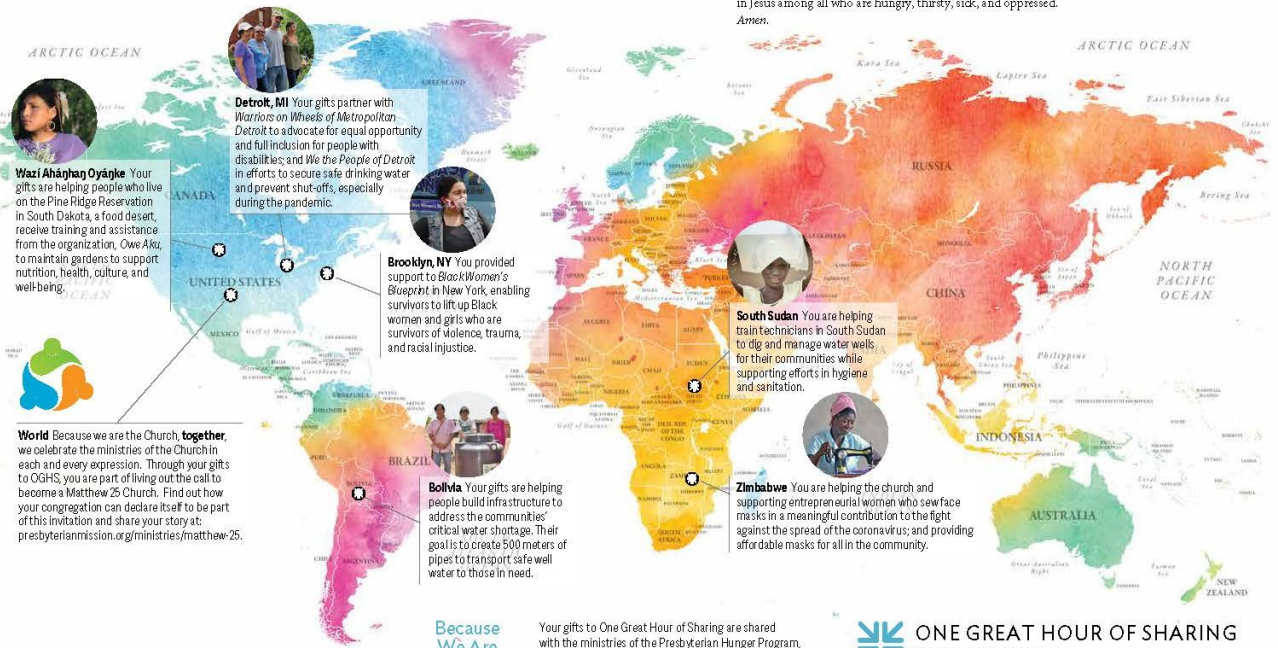
**Request your Fish Bank (or envelope) from the church office and bring it back to church on Palm Sunday during the Palm Parade, filled with coins.**

**(Checks or online giving also greatly appreciated!)**



# YOUR GIFTS MAKE THESE MINISTRIES POSSIBLE

**Prayer:** God, we want to become repairers of the breach. We want to see you among us, and so we walk where you said you would be; in Jesus among all who are hungry, thirsty, sick, and oppressed. Amen.



**World** Because we are the Church, together, we celebrate the ministries of the Church in each and every expression. Through your gift to OGHs, you are part of living out the call to become a Matthew 25 Church. Find out how your congregation can declare itself to be part of this invitation and share your story at: [presbyterianmission.org/ministries/matthew-25](http://presbyterianmission.org/ministries/matthew-25).

Because We Are the Church, Together

Your gifts to One Great Hour of Sharing are shared with the ministries of the Presbyterian Hunger Program, Self-Development of People and Presbyterian Disaster Assistance. Together, we are making a difference. And when we all do a little, it adds up to a lot.

**ONE GREAT HOUR OF SHARING**  
SPECIAL OFFERINGS  
HUNGER • DISASTER • DEVELOPMENT  
[pcusa.org/oghsmap](http://pcusa.org/oghsmap)

## ONE GREAT HOUR OF SHARING SPECIAL OFFERINGS HUNGER • DISASTER • DEVELOPMENT

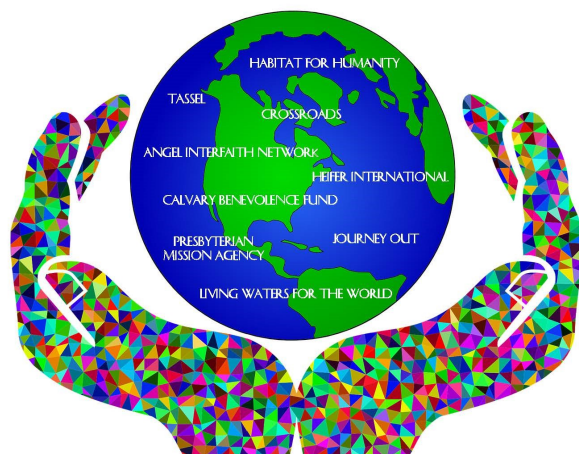
Each day at or after a meal time, gather around this map activity. Consider the reflection and questions, place a coin or a bill (a "gift") in your fish coinbank or a jar, and end by saying the prayer of the week or one of your own.

For more locations and ministries, go to [pcusa.org/oghsmap](http://pcusa.org/oghsmap) or scan this code.



- Wednesday:** Read Isaiah 58:6-8, 12. What are we asked to do? Who helps meet those same needs for you (v. 12)? Say a prayer of gratitude for them.
- Thursday:** Our Grace Fish coinboxes will hold many gifts of money this season, but what other kinds of gifts can we give? What gifts can you give or share?
- Friday:** Find where you live on the map and identify which OGHs site is closest to you. What problems are being solved there?
- Saturday:** Sunday is PDA's Blue Shirt Sunday. What does PDA do to show God's love? Choose something blue to wear or share with your congregation.

- Prayer:** God, open our eyes to your face in every person. Let us see the ways we are all connected with all of creation. May we as your Church, together, seek love, justice and peace with all. Amen.  
*Lectionary: Genesis 9:8-17; Psalm 25:1-10; 1 Peter 3:18-22; Mark 19-15*
- Sunday:** After a natural disaster or in a public health crisis, it may be hard to find places to buy basic supplies. Say a prayer of thanksgiving and give a gift for each time you had toilet paper to use today.
- Monday:** Over 23 million Americans live in a food desert, far from a store where they can buy fresh food. Give a gift for each grocery store nearby.
- Tuesday:** Electricity is usually the first utility that is lost in a storm. Give a gift for each light switch in your home.
- Wednesday:** What did you use water for today? Using the other side of this placemat, find the projects related to water, and say a prayer for each.
- Thursday:** Using the online OGHs map, look at the states where PDA is working. Read about one near to you and one far away, and make a generous gift for each as you offer a prayer.
- Friday:** Health is one of our most important needs. The pandemic has made thousands of people sick. Say a prayer for each person your family knows who has had COVID-19. Then offer a prayer for those you do not know.
- Saturday:** Find the international locations where PDA is serving, and give a gift for each.
- Prayer:** Gather us all around your banquet table, O God, with all who hunger and thirst. May we join, together, to share the abundance you've intended for all. Amen.  
*Lectionary: Genesis 17:17, 15-16; Psalm 22:23-31; Romans 4:13-25; Mark 8:31-38*
- Sunday:** Most people around the world don't have access to the many varieties of fruit and vegetables we have. Give one gift for each type of vegetable in your house.
- Monday:** Climate change is forcing farmers worldwide to either adjust their farming methods or move away. Give a gift for each type of animal you saw today.
- Tuesday:** Thousands of "front-line" workers risk their lives daily to help those who have COVID-19. Say a prayer for the doctors, nurses, and other medical staff who care for the sick.
- Wednesday:** Without the right nutrition in the first two years of life, a child's physical and mental development is compromised. Give a gift for each toddler you know.
- Thursday:** When roads are closed and electricity is off, going to see a doctor can be hard. Give a gift for each person in your family who has been able to see a doctor in the past year.
- Friday:** It is estimated that 1 in 5 kids in the U.S. will experience hunger this year. Give at least one gift if you have not experienced hunger this year.
- Saturday:** Tomorrow is SDOP Sunday! Visit [pcusa.org/sdop](http://pcusa.org/sdop) and identify a community partnership that SDOP has cultivated. Give a generous gift in honor of that partnership.
- Prayer:** Encourage us Creator, when things get difficult. May we draw creativity and hope from your Spirit, and from our partners along the way. Amen.  
*Lectionary: Exodus 20:1-17; Psalm 19; 1 Corinthians 1:18-25; John 2:13-22*
- Sunday:** Where does your water come from? Many people carry buckets of water long distances to their homes every day. Give a gift for every faucet in your home.
- Monday:** Find Detroit on the OGHs map. What needs is SDOP working to address there? Say a prayer of thanksgiving for those who are helping in Detroit.
- Tuesday:** Social barriers are like locked doors that hold people back and keep them from thriving. Give a gift for every door that can lock in your home.
- Wednesday:** If you could start a business of your own, what would it be? Give a gift for every good business idea you hear from those you are with.
- Thursday:** Rainwater is rare in some places, so special collection systems are built to catch the water so it can be used for growing plants. Give one gift for every day it rained (or snowed) in the past week.
- Friday:** Changing weather patterns mean old ways of farming don't work in some areas anymore, so farmers need to be taught new techniques. Give one gift for every farm you've visited.
- Saturday:** Over 780 million people around the world can't get safe water to drink every day, not to mention water for cleaning and cooking. Give a gift for every glass of water you've had today.
- Prayer:** Help us to learn from what others have seen, so that we might grow in understanding across lines of difference. Amen.  
*Lectionary: Numbers 2:14-9; Psalm 107:1-3; 17-22; Ephesians 2:1-10; John 3:14-21*
- Sunday:** Blankets are used internationally to comfort those impacted by disasters. Give a gift for each blanket in your home or find some blankets you can donate.
- Monday:** Hunger-related causes kill tens of thousands every day around the world. Give a gift for meals you've had today.
- Tuesday:** Poverty can make people feel like their wheels are spinning and getting nowhere because of surprise expenses, problems, or illness. Give a gift for every wheel in and around your home that helps your family get places.
- Wednesday:** Teaching healthy food choices and food safety can change the health of an entire community! What healthy foods do you have in your kitchen? Choose some to donate to a food pantry or soup kitchen.
- Thursday:** The most vulnerable are often the most impacted in emergency situations. Say a prayer for children impacted by disasters, and give a gift for every flashlight in your home.
- Friday:** The coronavirus has made us all aware of how easily we can become sick. Say a prayer for each person in your home, for continued good health. Make a gift in honor of each.
- Saturday:** Communication can be incredibly difficult after a disaster, especially if the internet isn't working! Give a gift for every computer in your home and call, email or text a loved one
- Prayer:** Guide us through the paths that feel lonely, assured that you are always with us. Be with us in the darkness as we walk by faith and not by sight. Amen.  
*Lectionary: Jeremiah 31:31-34; Psalm 51:1-12 or Psalm 119:9-16; John 12:20-33*
- Sunday:** Using the online map, find Immanuel Presbyterian Church in Los Angeles. PHD helped a congregation respond to a sudden increase in need. Make a gift for everyone you know who helps support your household.
- Monday:** Social support and connection are important parts of being healthy. Say a prayer of gratitude for every home that offers welcome to you.
- Tuesday:** Immunizations give us hope for a day when certain diseases will no longer cause sickness and pain. Check your immunization record, make appointments for any missing shots, and give a gift.
- Wednesday:** God's love is shown in so many ways. Find three things you can do today or tomorrow to share God's love.
- Thursday:** Give a gift for every year you have been in school and find 3 books you can donate to another person can read and learn.
- Friday:** Learning new languages can help form relationships. Learn about the indigenous peoples who inhabited the land where you are now. Learn the name they gave that place or region.
- Saturday:** During a pandemic, access to the things we need to protect ourselves and our families is challenging. Make a gift for each of your favorite items used to protect your health.



# Mission Market Thank you Notes

Dear members of Calvary Presbyterian Church,

On behalf of the SGP Living Waters for the World team I want to thank you for the generous gift from your mission fair to the LWW ministry of \$1995.00. We look forward to the day when we can resume this ministry work in Peru and appreciate your financial support of it! Before the pandemic kept us at home we had two different sites in Peru that we were evaluating for water systems. We expect to continue our work with them once it is safe to travel again. The SGP LWW team has been blessed to have Pat Martinez-Miller as part of this ministry for the last several years and we invite others to join us in the future. Please do consider this invitation. We'd love to have more LWW team members.

Thanks again for your gift supporting clean water systems in Peru!

In peace,

Wendy Gist

Mission Advocate, San Gabriel Presbytery

Your generosity is a symbol of hope, love, support, and belief that anyone and can stand on their own. Thank you for giving children living in SGV Habitat homes the opportunity to dream big and thrive.

Dear Lisa,

Thank you for Calvary Presbyterian Church's \$905 donation! Your church is making it possible for more families to have their own safe and decent place to call home! Thank you for your partnership in creating affordable homeownership opportunities.

If you have any questions about SGV Habitat, please don't hesitate to give me a call!

With gratitude,

Julianna

**Thank You!**



February 9, 2021

Lisa M. Reynolds  
Calvary Presbyterian Church  
1050 Fremont Ave  
South Pasadena, CA 91030-3225

Donation information on back of page →

Dear Lisa M. Reynolds,

**Your gift to San Gabriel Valley Habitat for Humanity is making it possible for more families to access safe, and decent and affordable housing.**

These are families like Macha and Melissa's, who spent ten years moving constantly in their search for an affordable place to live. For them, owning a safe and stable home seemed like an unattainable dream.



Macha, Melissa, and their children in the living room of their Habitat home in Pasadena

**“We sometimes ended up in much less-than-ideal living conditions with mold infestations and exposure to lead,” Macha remarked, “It was difficult to build a stable home for our two kids.”**

Now, as Habitat homeowners, they have a safe place for their children to grow and thrive.

**“Owning a home has provided stability for our children. It has placed us in a community of families that deeply care and are invested in our children's lives as they grow. Within the walls of our home, our children experience safety. This is a gift beyond measure.”**

Thanks to you, more families like Macha and Melissa's will experience safety and stability through affordable homeownership. Thank you!

In partnership for all needing housing,

*Frances Hardy*

Frances Hardy  
Director of Development



## Crossroads Fundraiser

<http://www.crossroadswomen.org/>

***For 45 years, Crossroads has provided HOPE and HOME for previously incarcerated women. Their vision is for these women to THRIVE in the larger community.***

***Sometimes, people need more than a second chance. It takes time, preparation and resources to be able to fully take advantage of opportunities. But when the time comes for that person to make a change, their belief is that we, as a community, need to be ready to journey along with that person in order to make those changes within that person's life***

Calvary has partnered with Crossroads for several years; from eating their homemade jam, to chatting with Sister Terry at the mission market to delivering food for them during the pandemic. The youth have worked on their home over mission week and Sip and Stitch has granted them many handmade blankets.

We have a new way to partner with them this spring. Crossroads is opening a new home and needs funds to cover these costs. They are hosting a "Walking Home Virtual Walk" fundraiser. There are 2 ways to give support.

1. Sister Terry is walking the 15 miles from the California Institution for Women in Corona to the Crossroads home on March 14th. They are looking for groups to sponsor each mile for \$1000. I challenge us to raise the money to support Sister Terry for one of her miles. This money will go straight to Crossroads in support of their programs. Calvary will have the added benefit of being listed as a sponsor in publications and on the website. Please send a check or make an online donation to help us raise this money. Remember to designate it "Crossroads".

2. You can join the virtual walk. Between March 14 -March 28 you can support Crossroads by having your own Walk. <https://runsignup.com/Race/CA/Claremont/CrossroadsWomenWelcomeHome5KVirtualRace>

Click the "Sign up now" button and Join the Calvary Presbyterian Church team. You can choose to walk anything from 1 mile to 15 miles and best of all you have 14 days to complete your walk!! (You do not have to do it all in one day) (And it is on the honor system) The cost to register is \$40 and please remember that this is separate from the money that Calvary is raising to sponsor one of Sister Terry's miles.

For those who want to meet up—outdoors and safely distanced—we can plan some walk together time.

Please contact Liz Daley if you have questions about either of these options for supporting Crossroads.



FEBRUARY 17-APRIL 4TH

# LENT BIBLE READING PLAN

Calvary Presbyterian Church

## Journey to the Cross

BY ASHLEY LYNN ROQUE

This Lenten season, I want to invite you to journey with me through the healings, teachings, and tensions of Jesus of Nazareth. I firmly believe we must embrace the healing of Christ in our own lives before we can become open to His teachings. Spending time with Christ and the tension he brought to the Jewish leaders and surrounding community will help prepare our hearts for Holy Week.

The first two weeks of Lent will be centered on the healings of Jesus. As you read his miracles, pray about where you might need healing in your own life. Healing begins with acceptance. We must accept our past, our mistakes, and other people if we are to find healing and serenity in any season. Join me as I journey to the cross by reading through the Gospels this Lenten season. May God bless you this Lenten season with a greater experience of serenity.



## Week of March 1st

Mathew 5 - 7  
(Reread these chapters as much as you can this week)

## Week of March 8th

Mark 4:1-20  
Matthew 13  
Luke 10:25-37  
Luke 12:13-34  
Matthew 18

Your rock is Christ,  
and it is not the Rock  
which ebbs and flows,  
but your sea.  
- Samuel Rutherford

## Week of March 22nd

Matthew 21:1-27

Mark 11-12

Matthew 23

John 13-17

Luke 22

## Passion Week

Matthew 26:31-56

John 18:1-38

Luke 23

John 19

Matthew 27



**“It would be hard to exaggerate the magnitude of the changes that have taken place as a result of the cross, both in God and in us, especially God’s dealings with us and in our relations with him. Truly, when Christ died and was raised from death, a new day dawned, a new age began.”**

JOHN STOTT

# DEVELOPING RESILIENCE

BY ASHLEY LYNN ROQUE

## HOW TO GROW RESILIENT BEFORE IT IS NEEDED

In our group “Making Spaces,” we spent one Wednesday talking about the virtue of resilience. How do we get back up after defeat? How do we try again after an experience of failure, after messing up? Developing resilience in struggle and hardship is one of the most important skills we can have. Surprising to many, it’s a skill that one can develop long before they actually need it.

One of my favorite podcasts is the Jocko Podcast. Jock is an intimidating man, full of wisdom on life and leadership. He is also a veteran. One of Jocko’s most popular messages is found in a video called “Good.” In this video, Jocko talks about a discussion he had with a subordinate. He tells Jocko about something positive that happened, and Jocko’s response is “Good.” Then he tells Jocko about something negative that happened and Jocko’s response is still “Good.” Jocko goes on to say:

“Didn’t get the new high-speed gear we wanted? Good. Didn’t get the promotion? Good. More time to get better. Oh, the mission got canceled? Good. We can focus on another one. Didn’t get funded? Didn’t get the job you wanted? GOOD. Unexpected problems? GOOD. We have the opportunity to figure out a solution.”

Jocko explains that everything that happens whether good or bad can be for our good if we only shift our perspective. When hardship and frustration come, we must learn to focus on how we can grow and develop with our circumstances. What is good for us is not always apparent. Each “bad thing” that happens is an opportunity to recalibrate, re-engage and grow.

Jocko’s perspective is a helpful state of mind. His words remind me of a passage in James that says “My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy, because you know that the testing of your faith produces endurance; and let endurance have its full effect, so that you may be mature and complete, lacking in nothing.” - James 1:2-4 NRSV

I believe that God is not calling us to be superhuman - unfazed by the hurt and pain of life. We are not called to be robotic, less human people. I believe God is calling all of us through the passage of James to develop resilience by allowing hard things to grow and develop us. Not one of us has reached perfection. And no matter our age, we can all grow mentally and emotionally stronger.

How does one develop this precious virtue of resilience? Do hard things. Sign up for voluntary hardship. Sign up for events, races, courses, tasks that are physically and emotionally demanding. Doing that which is hard and sticking with it despite the challenges develops within us mental toughness. And this kind of mental toughness can prepare us for when the real hardship hits.

Here are a few of my ideas about how to develop inner emotional strength and resilience.

- **Sign up for a boot camp.** High-intensity training is bound to develop your mind and body.

- **Learn a new skill** that has nothing to do with helping others. Learn something new and challenging just for yourself. I started to learn woodworking recently and at first, I got really frustrated. After a while, I finally learned to be patient and to stick with it and the process been so rewarding.
- **Challenge yourself** to walk or hike a certain number of miles.
- **Sign up for a sport.** Endurance sports can help you build inner and physical strength as you run, bike or swim (or all three!) for long periods of time.
- **Sign up for public speaking** For some people, public speaking is anxiety-inducing and it can require a lot of resilience to keep trying.

A couple of things to consider: It is important that you do not avoid the sting of failure. We give participant trophies to children because we don't want them to feel bad about losing. This probably evolved came from an effort to avoid meltdowns with preschoolers. But as children get older, it is important that they learn it's okay to fail. Just like adults, children need to learn that failure isn't always the end. We must pick ourselves back up, assess where we need to grow and move forward.

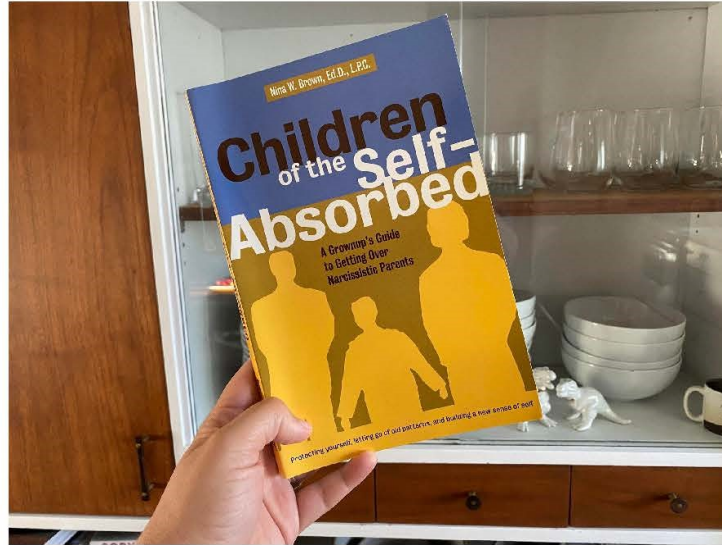
Another thing to consider is if you sign up for a sport, don't quit because it gets too hard or you dislike the coach. Learn to endure despite the circumstances. Building resilience is about getting comfortable with failure and messing up. It's about growing tolerant of the time it takes to change, develop and build new skills.

Finally, resilience is not about competing or becoming indomitable. Resilience is about enduring change, both physically and emotionally and trusting that God will help us through. It's about understanding you do have what it takes to do hard things. It's about learning to trust in the sovereign grace of God no matter what you feel physically and emotionally. Embrace the change. Sign up for it and let endurance have "its full effect in you" as God molds you into someone deeply resilient.

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# ASHLEY'S BOOK CLUB

Books on Growth, Connection and Spirituality



## CHILDREN OF THE SELF-ABSORBED: THE GROWNUP'S GUIDE TO GETTING OVER NARCISSISTIC PARENTS

by Nina W. Brown

Parenting is one of the hardest things anyone will ever do. It can also be the most difficult thing anyone will ever do. We tend to look at parenting along the lines of whether or not we are feeding our kids nutritious food and providing enough opportunities for them to excel in school. But we often struggle with looking at how we actually relate to our children and how our behavior might affect them.

This month, I am reading Nina W. Brown's book titled "Children of the Self-Absorbed: A Grownup's Guide to Getting Over Narcissistic Parents." According to Brown, "[p]arents with a destructive narcissistic pattern will have behaviors and attitudes that are designed to preserve a self-image of perfection, entitlement and superiority. For the child's entire life, the parent-child relationship was reversed, and the child, even after attaining adulthood, is expected to "accept blame and criticism, automatically know what the parent wants or needs, admire the parent and give unlimited attention, never offend the parent," among other things. She also claims that "[a]dult children of parents who have a destructive narcissistic pattern will continue to feel the impact of their parent's behavior and attitudes and continue to suffer reactions that are perplexing to them as they are distressing." I know this is not easy to think about. It is difficult to even consider an issue like this.





# Children of the Self-Absorbed

But if we are to live the abundant life of Christ is calling us to, we must examine the thought patterns and behaviors that might be holding us back.

In her book, Brown outlines patterns in toxic parenting and offers suggestions for adult children on how to cope.

To help us think about how we were raised, Brown asks us to consider if Our parents:

- Constantly criticized us
- Blamed us for their discomfort
- Made us responsible for their physical and/or emotional well-being
- Expected us to admire them and give them constant attention
- Insisted everything is done their way
- Felt we should anticipate their needs and desires and fulfill them
- Became easily offended
- Ignored, minimized, or discount your feelings
- Made mean comments about you.

When we experience tension in thinking through these issues, consider the words of our Lord: I, "I have come that they may have life and have it abundantly." (John 10:10). It's difficult to live an abundant life if we are struggling to cope with a narcissistic parent or we ourselves are a narcissistic parent. If we are constantly criticizing our children or adult children if we make them responsible for our physical and emotional well-being then we should consider the ramifications of our behavior. Brown offers many coping strategies on how to deal with this kind of narcissistic behavior.

If this topic hits close to home, I want to encourage you to remember that God loves you unconditionally. No matter where we are on our journey of faith, we can approach parenting with humility and a heart full of God's grace. Our Heavenly Father is always ready to help us grow or change into the parent we are called to be.





# Angel INTERFAITH NETWORK News

March 2021



Patients and their families may believe that they've had a little "Good Luck" when Angel Interfaith Network is able to meet an urgent need, but we all know that it is really aware and compassionate social workers, dedicated medical staff, chaplains and all of you donors who provide funds and goods that have made life a little easier.

## Network Partners:



This month we give thanks for the continued support from our **Sustaining Angels**.

**Sustaining Angels** are individuals and/or organizations who have committed to making regular monthly or an annual donation to Angel Interfaith Network. Their consistent giving enables us to know that we will be able to meet the urgent needs that are referred to us.

*Please consider joining our Circle of Angels, most of our Sustaining Angels have found it easiest to sign up on our web page ([www.angelinterfaith.net](http://www.angelinterfaith.net)) and have PayPal forward their donations monthly. These funds are kept in a designated AIN account at St. Camillus Center, whose 501c3 makes the contributions income tax deductible.*

## Those We Serve:

A referral from the St. Camillus Spiritual Care Team, **Luis** is a single father of 3 that lost his job and only source of income due to contacting Covid19. He is not eligible for unemployment benefits and has no access to community resources. He rents a room in which he and his 3 children stay. Unfortunately, due to his recent illness, he has fallen behind on rent and has no access to community resources. Thanks to our donors, Angel Interfaith was able to provide Luis with rental assistance and food cards for groceries.

*Luis was thankful for the assistance and remains optimistic that he will overcome this current situation.*

**Mary** came to Angel Interfaith as a referral from a Social Worker. She is currently battling Cancer resulting in her being unable to continue working. She does not qualify for Disability benefits and at the present time, her husband is unemployed due to the Covid19 restrictions. Having fallen behind on her rent due to her medical condition, Angel Interfaith provided her with financial assistance towards her rent and provided her with food cards for her and her husband.

## Urgent Needs:



**Plus Size Clothing**  **Men's Gently Used Tennis Shoes**  **Food Gift Cards**  
**Sizes 10 & up**

If you have merchandise to donate please coordinate delivery via email at:  
[office@AngelInterfaith.net](mailto:office@AngelInterfaith.net) or by calling **323-409-6923**

**Thank You for Your Continued Support!**





# Palm Sunday Picnic

MARCH 28TH 12:00 PM

Come for a motorized procession around the block of the church as we wave palm fronds.

Followed by a hot dog lunch. Take your food to go or eat inside your cars in the church parking lot!

**JOIN US!**

## February Financials

Feb Budgeted Income \$16,066.67  
Feb Actual Income \$3,201.00  
Feb Budgeted Expense \$37,037.74  
Feb Actual Expense \$41,334.78  
Feb Food Bank Expenses: \$0.00

\* These amounts reflect the operating budget only. Income numbers are purely from Sunday offering. Investment and property numbers are not included.



Join your church family online each Sunday at 10:30 am here: <http://calvarypres.online.church/>

To see more of Rev. Millason Dailey's sermons check out on our [Messages page](#).

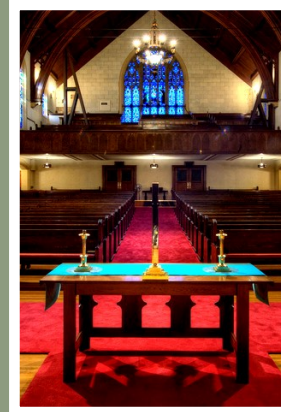
You can also subscribe to our [YouTube page](#) for all of the latest from our church.

## Calvary Presbyterian Church

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Office hours are remote only



Praise The LORD with us!  
Join us for Worship! Online,  
of course. Visit us at  
[www.cpcsouthpas.org/  
messages](http://www.cpcsouthpas.org/messages)  
Every Sunday to see a new  
service!